

Activities for November 2019 at Grange Hill House

					Friday 1st All Saints Day	Saturday 2nd
					<p>Am – Minibus Outing Sensory Music Morning</p> <p>Pm – Exercises in the Lounge with Nick. One to One with Residents in their Rooms</p>	<p>Am – Have a chat with the person you are sitting by.</p> <p>Pm – Watch a Film on the TV</p>
Sunday 3 rd World Kindness Day	Monday 4th	Tuesday 5th “Bonfire Night”	Wednesday 6th	Thursday 7th	Friday 8th	Saturday 9th
<p>Am – FREETIME</p> <p>2.00pm Entertainment by Ben Sidaway</p>	<p>All day Hairdressing with Stacey in the Hair Salon</p> <p>Am – Puzzles,Cards,Dominoes Games in the Lounge</p> <p>Sensory Morning</p> <p>Pm – Walking and Reading Club</p>	<p>Am – Bingo in the Lounge</p> <p>Pm - Reminiscing about Bonfire Night when you were a Child</p>	<p>Am – Elvis Presley Music and Quiz Morning</p> <p>Pm – Bean Bag Throwing in the Lounge</p>	<p>Am – – Mobility with Sue in the Lounge. One to One interaction with Residents in their Rooms</p> <p>Pm -Bingo in the Lounge</p>	<p>Am – Morning Minibus Outing</p> <p>Pm- Knitting and Crotchet Club</p>	<p>Am – Catch up on the news.</p> <p>Pm – Watch a Film on the TV</p>

Sunday 10 th Remembrance Sunday & International Tongue Twister Day	Monday 11th Armistice Day	Tuesday 12th	Wednesday 13th	Thursday 14 th Prince Charles born in 1948	Friday 15 th	Saturday 16th
10.20am Watch the Remembrance – The Cenotaph on the TV 11.00am – We pause for a minutes Silence Songs of Praise on TV early Afternoon “How many tongue Twisters can you say”	All day Hairdressing with Stacey in the Hair Salon Am – Reminiscing in the Lounge about your Courting days. Pm Arts & Crafts in the Dining Room	Am – Morning Bingo in the Lounge Pm - Old time Music in the Tea Room	Am – Sensory Therapeutic Music Morning Morning Reading Club Pm – Knitting Club in the Dining Room	Am – Bingo in the Lounge Royal Lunch to celebrate Prince Charles Birthday. Pm – “What do you know about the Royals Quiz” in the Lounge	Morning Minibus Outing Pm – Afternoon exercises with Nick in the Lounge One to One interaction with Residents in their Rooms	FREETIME Am –Catch up on the News Pm – Relaxing Afternoon
Sunday 17th Rock Hudson born in 1925	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd
Relaxing day listening to Sensory and Easy Listening Music. Songs of Praise on TV Early Afternoon	All day Hairdressing with Stacey in the Hair Salon Am – Draughts, Walking Club and Bubbles!!! Pm – Boules in the Dining Room	Am – Music Morning. 11.00am – Sing with Phil Sayer Pm – Bingo in the Lounge	Am –Supermarket Sweep in the Lounge Pm - Quiz in the Lounge	Am –Mobility Exercises with Sue. One to One interaction with Residents in their Rooms Pm – Hand Therapy in the Lounge	Morning Minibus Outing Pm – One to one interaction with the Residents	FREETIME Reminiscing in the Lounge. Watch at Film on the Television
Sunday 24 th	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28 th	Friday 29th	Saturday

Stir up Sunday				Thanksgiving (USA)		30 th St Andrews Day
Am –Catch up with the news on the TV Songs of Praise on TV Early Afternoon	All day Hairdressing with Stacey in the Hair Salon Am – Scrabble/Snakes & Ladders in the Lounge Pm – Entertainment with “Alexandra” at 2pm	Am – Bingo in the Lounge Pm – Movie afternoon with popcorn	Am – Jigsaws,Dominoes, Cards and Draughts in the Lounge Pm – Mobility Exercises with Nick in the Lounge	Am – Bingo in the Lounge Pm - Darts & Basketball in the Lounge	No Minibus Outing today 2pm – 5pm Christmas Fete Christmas Festivities Begin!!!	FREETIME Enjoy the day to look back at how you prepared for Christmas Festivities?

Activities at Grange Hill House

Our Activities Co-ordinator play a fundamental part in delivering our mission of enhancing the lives of our residents by creating a fun and hugely varied program for everyone to participate. A great source of fun and laughter, our range of activities really help each resident live their life to the full.

Here at Grange Hill House, we take the time to understand each Residents capabilities and plan activities that incorporate their interests.

We actively encourage all Residents to join in with as many activities as possible.

